



COACHING

A **Future** FOR
THE **Sport**

USBC Silver Program

Are you Bronze Trained and ready for the next level of training?

A USBC Coaching Silver Class to be held:

Heritage Lanes

11917 N Pennsylvania Ave.

Oklahoma City, OK 73120

Instructor: USBC Gold Coach Stephen Padilla

September 16-18, 2022

Friday 9:00am - 5:00pm

Saturday 9:00am - 5:00pm

Sunday 9:00am - 3:00pm

Program

The USBC Silver Program is a three-day conference designed to increase coaching skills and professionalism to an advanced level. This course is recommended for collegiate coaches.

The Silver conference focuses on advanced techniques and skills and covers:

- Finite adjustments to physical game
- Building a bowling ball arsenal
- Advanced lane adjustments
- Matching ball surfaces to lane conditions
- Advanced mental game concepts
- Video analysis
- Establishing a practice plan to develop and expand a bowler's options in competition

Prerequisites

1. Must be a current USBC member in good standing
2. Must be at least 18 years of age
3. USBC Bronze Trained (Minimum one year required unless authorized)
4. Registered Volunteer Program (RVP) for US Citizens 18 and older (International coaches exempt)

Fees: \$465 (includes all materials) **REGISTER EARLY AND SAVE \$50**

Go to [BOWL.com/coaching](https://www.bowl.com/coaching) or scan the QR Code with your phone

